

Semester I - As it happened

MC2 Online



Student Activities
Sports News
Issue 11



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Welcome Message

Welcome back to a new academic year, and it is hoped that everyone in our College community will have an enjoyable and new experience at the University of Macau.

The college is delighted to see many senior students returning to the fold from successful and exciting exchange programmes abroad, and a special welcome to a new cohort of international students from across Europe (Portugal, Netherlands, Belgium, and Germany), Africa (S. Tomé e Príncipe), and South-East Asia (Korea and China). International students bring a supreme wealth of ideas and innovative solutions to the college every year. The college is confident that its current students will welcome their new colleagues in accord with college core values of inclusivity, integrity and diversity, making them feel welcome, and helping them to make friends and adapt to their new environment.

Matriculation began mid-August this year, and everyone settled very well with their first full week of scheduled classes - classrooms and lecture halls filled with energy, curiosity and purposeful teaching and learning.

Preparation is underway for an exciting build up to college events, with distinguished guests such as Ambassador Annemieke Ruigrok, Consul General of the Kingdom of the Netherlands, as guest speaker of the European Union Lecture Series on the Netherlands; Clare College Choir University of Cambridge, with Choir Director, Graham Ross, whose expertise and palpable ability to obtain the highest possible standards from the choir, whilst entertaining the audience with good humour, stagecraft and authentic musicianship; Andrew Bernardi & Stradivarius Piano Trio (students will be privileged to hear Andrew's Stradivarius violin from 1696, with a fine bow by Voirin formerly owned by the late Lord (Yehudi) Menuhin); and finally Michaela Rabitsch & Robert Pawlik Jazz Quartet from Austria

The college will also exhibit the works of award-winning underwater and wildlife photographer, Mike Korostelev at the college's pavilion. The images on display at the

exhibition reveal various creatures that inhabit the world's oceans, and natural habitats.

Visitors to College

Clare College Choir University of Cambridge delighted capacity audience at MCMC



Clare College Choir University of Cambridge delighted a capacity audience of students, faculty and friends from Macao and Hong Kong in Moon Chun Memorial College Hall with an Open Rehearsal of its programme for forthcoming concerts in Hong Kong and Shanghai.

Choir Director, Graham Ross, impressed everyone with his expertise and palpable ability to obtain the highest possible standards from the choir, whilst entertaining the audience with good humour, stagecraft and authentic musicianship.

The programme began with Gustav Holst's *Nunc Dimittis*, progressed to Lili Boulanger's *Hymn to the Sun*, William Byrd's *Psalm 150*, and concluded with a beautifully staged performance of Robert Wylkynson's *Jesus Autem Transiens*, with all 22 choristers singing from the back of the hall whilst impossibly divided into 13 voice parts. This latter composition is one of the 93 pieces in the *Eton Choirbook* begun circa 1500, the majority of which manuscripts still survive at Eton College UK.

MCMC Resident Fellow, Dr Peggy Lau led a reciprocal gift to Clare College Choir by performing Peter Maxwell Davies's *Farewell to Stromness*, with UM students humming the leit motif, and Clare College Choir members encouraged to improvise an obligato part, demonstrating the true nature of collaboration between UM colleges and those of University of Cambridge.

Macao was the first port of call for this award-winning Cambridge choir, where it performed that evening for a *Sung High Table*, as part of its three-day residency at MCMC, with music by Wood, Hamlich & Bayer Sager, and Rutter.

Moon Chun Memorial College: “An Audience with Andrew Bernardi & Stradivarius Piano Trio”



A capacity audience hugely enjoyed the interleaved introductions prefacing each performance, ranging from iconic Beethoven: Piano Trio Opus 11 No 2 First Movement, to modern and ethereal Messiaen: “Praise to the Immortality of Jesus” from Quartet for the End of Time, and Arvo Pärt: Spiegel im Spiegel. Another masterpiece, Mendelssohn: Piano Trio in D Minor Slow Movement, preceded the rhythmically contagious finale, Astor Piazzolla: No 4 Autumn Tango from The Four Seasons of Buenos Aires. Thus the British Piano Trio provided an overview of wide-ranging musical composition and history very concisely.

We were privileged to hear Andrew’s Stradivarius violin from 1696, with a fine bow by Voirin formerly owned by the late Lord (Yehudi) Menuhin), and Jonathan’s ‘cello made by Edmond Ayrton in 1769. Pianist Belinda Jones equally impressed with her fine musicianship and sensitivity and delicacy of touch, and especially when she described MCMC’s Boston Steinway Grand Piano as a very fine piano indeed.

Students, Faculty and guests from Hong Kong and Macao enjoyed continuing conversation with the artists over a delicious lunch, kindly and generously provided by Eileen Stow of Lord Stow’s Bakery. We were fortunate to have Melody Wong, Associate Concert Master and David Rouault, Principal Trumpet, Macao Orchestra, join us for the event. And Andrew kindly allowed some of our string players to play his Stradivarius Violin.

MCM College Michaela Rabitsch & Robert Pawlik Jazz Quartet from Austria



Appreciative audience members of students, faculty and guests from Macao and Hong Kong were entranced by two performances Michaela Rabitsch & Robert Pawlik Jazz Quartet from Austria gave in Macao recently.

The Quartet's visit to Macao was in collaboration with the Austrian Consulate General to Hong Kong and Macau, Österreichisches Generalkonsulat. Firstly in MCM College Hall, and then in collaboration with Sofitel Hotel in the Lobby Rendez Vous, the Quartet brought special magic to Macao.

Everyone was bowled over by all the members' consummate musicianship, fine artistry, palpable ensemble and technical wizardry. The almost electric sense of communication and sensitive synchronicity between the musicians during performance was fascinating and certainly a wow factor!

It was admirable to see the Quartet win over both audiences, delighted by the Quartet's technical brilliance together with the sheer joy that the Quartet brings to its performances.

Everybody admired the wide-ranging, eclectic influences, so beautifully brought to life in Michaela's and Robert's compositions, reflecting vast experience of performing across the world.

Favourites were "Malaga", dedicated to the city in Spain; "Sunday Afternoon" with Bossa Nova rhythms, 'scat' singing and featuring Flugelhorn; "Serbian Rhapsody"; "Roboraga" in style of Indian scale 'Raga' where the guitar was retuned to D like the Sitar; "Seven Ways to Fez" with Moroccan and Arabian influences with time signature alternating between 10/8 and 4/4.

MCM College Henk Kraaijeveld Quintet from The Netherlands

An impromptu visit to MCMC by Henk Kraaijeveld (Vocalist/Songwriter/Arranger) and Joan Terol Amigó (creative jazz drummer) of Henk Kraaijeveld Quintet from The Netherlands led to unexpected vocal improvisation in a GE Music class.



Henk Kraaijeveld, Vocalist, Composer and Lyricist, shared his vocal warm-ups with the class, inviting students to join in and participate, leading to an improvisatory session on “scat” singing, accompanied by the Quintet’s creative jazz drummer, Joan Terol Amigó, on snare drums played with brushes.

The duo shared their individual, previous career paths - Law and Biology - with the students, encouraging them to follow their passion after graduation.

Henk kindly presented a CD of the Quintet’s latest album, “Passengers”, to MCMC, and GE Music students enjoyed listening to some of the tracks in succeeding classes.

Students expressed the hope that the Quintet can visit again in the future, to give a workshop on their improvisatory and compositional techniques, together with a performance at UM.

MCMC hosts award-winning Hungarian Virtuoso Pianist, Endre Hegedüs, and Yale University Rowing Team



Award-winning Hungarian Virtuoso Pianist, Endre Hegedüs, delighted a capacity audience in MCM College Hall with his wonderfully clear explanations and expert performances of some of his favourite piano music:

Bach-Hess: Choral from the Cantata No. 147

Beethoven: Sonata in C minor “Pathétique”

Chopin: Ballade No. 1 in G minor Op. 23
Chopin: Andante spianato et grande polonaise Op. 22
Liszt: Sonetto di Petrarca No. 104
Liszt: Liebestraum No. 3
Bartók: Evening in the village
Bartók: Old Hungarian Dance Tunes
Liszt: Hungarian Rhapsody No. 15 "Rákóczi March"

He also set each piece in historical music context, and charmed everyone with his interpretations of what each composer was trying to express through the music.

His playing ranging from the muscular style needed for Beethoven and Liszt to the delicacy and finesse of Chopin.

When playing his home country's folk tunes, arranged by Bartók, the sincerity of his expressiveness and emotion was tangible.

MCMC welcomed additional overseas visitors to the performance that day, as Yale University Rowing Team was in the audience, during their visit to Asia to participate in the Tin Muk Rowing Regatta in Zhuhai two days later.

College Activities

Freshers' Week at MCM College - Matriculation 2019/20



Once again, "Freshers' Week" kicks off Monday, 12th August, 2019, across the collegiate community at the University of Macau, and the atmosphere at MCM College is proving to be yet another exciting one where new friends are made, advice about course enrolment is given, and former high schoolers transitioning to university life.

College Master, Prof. Kit Thompson, College Supernumerary Fellow, Dr. Patricia Thompson, Vice Rector of Student Affairs, Prof. Billy So, Dean of Students, Mr. Paul

Pang, and supporting academic staff, Associate Master and Resident Fellows were at College Hall to meet and greet parents and students.

Matriculation is just part of the rite de passage where a new freshmen cohort becomes official members of MCM College. Student leaders (such as Resident Tutors and Assistants and members of the House Association) welcome and assist freshers to ensure they become familiar with college information sessions, faculty orientation, and of course, Convocation and the First Lecture of University of Macau.

MCM College received Rector for lunch with students

On Friday, 30th August, 2019, MCM College received Rector, Vice-Rector for Student Affairs, Prof. Billy So, and Dean of Students, Mr. Paul Pang for lunch with students. The lunch meeting provided an opportunity for Belgian student, Kobe Stassen, to meet Rector Song, and discuss how he was coping with his studies. Rosen Wu (year 2) and Bill King (year 1) discussed diverse issues regarding collegiate life, concerns and possible initiatives with Prof. So and Paul Pang.



It was a valuable experience for MCM College students to enjoy a meal, and to share their personal experiences (at UM) candidly with Rector Song. Students expressed that they felt their conversations were friendly, and at the same time, constructive feedback.

MCM College hosted “Create my own signature series”

MCM College hosted a series about “creating my own signature”. This series goes back to using raw materials to create, without following a standardized formula. It was kicked-off with the making of lipsticks in the first week of September.



Use of lip color can be traced back to ancient civilizations, particularly prevalent among the Sumerians, Egyptians, Syrians, Babylonians, Persians, and Greeks. Nowadays, lipsticks of different colors are being applied for various occasions and fashion trend, and multiple choices are available in the market. Yet, some still find it difficult to find the color they want, and therefore, we create.

Students first learn about the know-how of making lipsticks, then they spent time on mixing the right proportion of materials and toning for the color they want. Some felt like doing a laboratory experiment during the process, with a group of dear friends, and felt satisfied after successfully making their own signature product.

MCM College celebrated Mid-Autumn Festival 2019



On 4 September, members of the House Association and floor leaders launched the first college activity together for the new semester in celebration of the mid-autumn festival this year. It attracted over 150 participants. The storyline of ancient folk legend, “Chang Er Flies to the Moon” (嫦娥奔月) was used as the theme of game design, traditional and creative elements were added to the content of the games, e.g. eating candy with a long hat, shaving ice ball, playing live-action board game etc.. All the college students, affiliates and fellows mingled together and enjoyed the games very much. To increase the festival atmosphere, a D.I.Y. lantern-making

workshop was held at the venue and it attracted a lot of participants. Through this activity, the House Association members tightened the relationships among students and let everyone feel the love and warmth of MCM College.

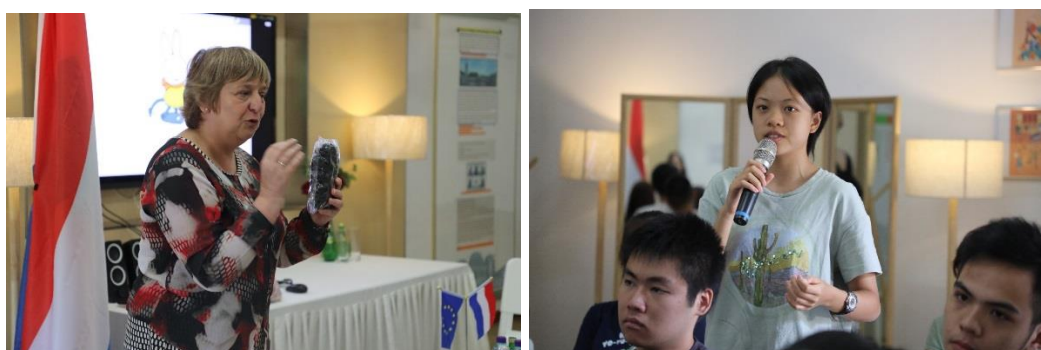
MCM College “Create my own signature soap”

As a multipurpose cleaning tool, soaps are usually made up of fats and alkaline solution. In ancient Egypt, soaps and aromatic oils were not only used for washing but also as medical cure for many skin and muscle diseases, and the tradition was continued into the Roman civilization. MCM College hosted a series about “creating my own signature”, this time, students used raw materials to create soaps that are biodegradable, economical and without potential chemical irritants like SLS (Sodium Lauryl Sulphate).

To make these eco-friendly and SLS free soaps, students first melt the soap base and add in few drops of coconut oil, and then they add in dried flowers and medical herbs that suit their individual needs. In addition to creating their own soap, students also learn about the functions of different floral and herbal ingredients.



MCM College European Union Lecture Series – Five Misunderstandings About The Netherlands



On 18 September 2019, MCM College is honored to have Ambassador Annemieke Ruigrok, Consul General of the Kingdom of the Netherlands, as the guest speaker of the European Union Lecture Series on the Netherlands. With a warm welcome from MCMC College Master Professor Kevin Thompson, Ambassador Annemieke Ruigrok shared with students the five most common misunderstandings about the Netherlands. The audience first learned about the misunderstanding between Holland and the Netherlands, for which the latter refers to the country as a whole while Holland only refers to two provinces of the country. Then, the audience learned about the usage of the English word “Dutch”, the freedom one can enjoy abiding to the rules, laws, and regulations in the Netherlands, the circular economy, solar energy and water management, arts and architecture in the Netherlands in addition to windmills, tulips and wooden shoes. Lastly, the audience learned about the fact that the Netherlands is actually the world’s second largest agricultural food products exporter.

Many may not know that the relationship between Macau and the Netherlands dated back in the 1600s. The Netherlands had tried to set foot on Macau in 1601, 1603, and 1607 like the Portuguese did. In 1622, the tension and conflict had raised to such an extent that the Dutch and the Portuguese fought a war in Macau, and the Portuguese army managed to win this battle under unfavorable conditions. This is the only battle that was fought between two European powers on Chinese land. At the end of the lecture, Ambassador Ruigrok shared with the audience sweets made in the Netherlands.

The next European Union Lecture Series will be held on 23 October 2019, with Professor Benjamin Hodges from the Department of Communication as the guest speaker on Bulgaria. We welcome all who are interested in knowing more about each country in the European Union.

MCM College Vchange



The debate over climate change and environmental protection has surged in visibility over recent years, and energy conservation is an important component in creating a green world. A group of MCM College students has initiated an environmental working group called Vchange, aiming to promote awareness on the proper use of world resources and energy-saving measures.

This is no easy task, and the group started with giving basic recycling workshops to students and encourage them to clean and put recyclables items into their own customized boxes. To bring in cleaned items is very important as rotting food or wrong materials can contaminate the entire recycling load and it will end up rejected.

Students work together in groups and create seven recycle boxes to be used on each floor. They contribute their efforts and creativity in taking small steps for the bigger world.

MCM College Kung Fu Workshop

On 25 September 2019, MCM College invited College Fellow, Professor McCartney, Associate Dean and Associate Professor in International Integrated Resort Management, Faculty of Business Administration, for a workshop on Chinese Kung Fu. From initially starting Heng Yue Yen Long Kwon in early 1990s in Hong Kong, Professor McCartney's Chinese martial art training continues as he prepares for his 4th Dan Black Belt examination in Heng Yue Yen Long Kwon.



During the workshop, Professor McCartney taught students the proper ways of protecting themselves from an assault with a correct posture. He also practiced with students on using different parts of their hands, bones, and body to shield off attacks with the least impact followed by a few punches and kicks.

As Professor McCartney said, “we don’t start any fights, we learn Kung Fu to protect and defend, and it’s a kind of art.”

MCM College A-Ma Cultural Hiking Day

Chinese goddess A-Ma or Mazu was first worshipped in the southeastern province of Fujian and was spread to Macau as the protector of seafarers and fishermen, A-Ma culture has long set root in the culture of Macau. Aside from the famous A-Ma temple located in the Macau peninsula, the tallest statue of the goddess A-Ma is built on the mountaintop of Macau's Coloane Island.

MCM College took a group of students to visit the 7,000 square meter A-Ma Cultural Village. The group took the hiking route starting from Hac Sa Beach and hike up to pay homage to the goddess. Once they arrived, they are in awe of the grand complex. The pavilion-style front gate, marble altar, the Bell Tower and Drum Tower, and the Tin Hau Palace and statue. After the hour hike and finally arrive at the A-Ma Cultural Village, the group enjoyed their fruit of hard work and have no other thoughts but the admiration of Macau and A-Ma culture.

MCM College: “We Are All Plaid” Student Leadership Training Camp



In September, Moon Chun Memorial College's student leader team expanded through the joining of twelve house leaders. To enhance our team's mutual understanding and communication skills, we organized a student leadership training camp between 28-29 September 2019 with the great support of Student Affairs Office. Participants of this training camp included members of House Association (HA), Residential Tutors (RTs), Residential Assistants (RAs) and House Leaders (HLs) which added to a total of 37 people.

On the first day, the participants experienced team-building and problem-solving activities in the afternoon. After these activities, they realized that every team member has personal strength and weakness. It's through overcoming one's weakness and acquiring others' strong points that we can make concerted effort. In the evening, the participants experienced self-exploration through the “Me in the Eyes of Others” exercise. After this exercise, some participants were surprised to discover some personality traits known to others but not known to themselves. The

evening ended with an inspirational story and touching song that uplifted the participants' team spirit and lightened their heart.

On the second day, the participants received six hours of Personality Dimensions® introductory and application workshop at the campsite. By learning this communication tool, the participants recognized the strengths and challenges of various communication styles and how to adjust their style of communicating to be better heard by diverse teammates, thus improving efficiency and minimizing unproductive conflict. This workshop gave the opportunity for participants to openly discuss their needs, expectations, motivators and potential challenges – fostering a deeper understanding of what individuals will contribute to the team and how synergy can make the team's results greater than the sum of individual contributions.

The evaluation questionnaires showed that 94% participants thought that the personality dimension workshop was good overall. Below are some of their feedback:

“I was glad to know more MCMC teammates through this training camp. In addition, I learned about what type of personality I have. The Personality Dimension facilitators provided a good way to know others better and communicate well with others. I benefited a lot from their sharing.” - Harry He

“Through this training, we have a deeper understanding of ourselves and a better understanding of our team. In fact, many people have a side that is not known to others, so it is especially important to have a deep understanding of the people in the team. In addition, I think that everyone is unique and we must learn to respect each personality type and recognize their strength.” – Lyn Wei

“People always say ‘Personality Determines Fate’. Therefore, understanding our personality is very important for our personal development. Sometimes, we don't really understand ourselves. In the past, I only knew that I am quite outgoing. However, I found that I also have leadership ability after this training camp.” - Ulrica Lo

“Through this training camp, I realized that what we know about ourselves and others is very limited and we tend to define a person easily based on his/her words and behaviors. However, according to the personality color combination shown in the personality assessment, each of us is colorful and multi-faceted. Therefore, we should not judge others easily.” – Marvin Su

“During this training camp, we played games together, had barbeque together, lived together and did personality assessment together. While we were getting to know each other more, we were building team work and friendship, learning to work as an effective team and understanding more about ourselves.” - Bill Wang

“Through this training camp, not only did I learn a lot of professional knowledge, but also completed many meaningful activities with our teammates. We deepened our friendship and spent unforgettable time together. I will try my best to apply what I have learned to my future life and work hard with our teammates to build a better MCMC!” – Ashley Deng

MCM College MIME your MIND

To cultivate students in the appreciation of Arts, MCM College took students to a variety of events and international art festivals. Earlier in the year, Edi Rudo, French-American mime artist and magician, came with Ms. Lyn Chan, Artistic Director of Canu Theatre to MCM College and conducted a series of mime activities with students. With the hospitality of Canu Theatre, MCM College students attended the 2019 Macau International Mime Festival in October and enjoyed “El Diablo of the cards 2.0”, a performance by Brazillian performer El Diablo, and a workshop by French mime artist and actor Benoît Turjman.

Combining improvisation and a clown’s hilarious magic skills, El Diablo interacted with participants and lead them through a succession of scenes with his unique card magic. The fun-filled, light-hearted performance breaks the language barrier and allows participants to experience the performance to the fullest. After the performance, students were instructed on the know-how of making mime expressions and performing techniques by Benoît Turjman, who is known in France as the stunt double of Rowan Atkinson in “Mr. Bean’s Holiday”.



MCMC: Cultural Exchanges between Lusophone-Countries across UM’s College Community

MCM College, in collaboration with CKP College and CKY College organised a special Lusophone festival on Saturday evening, 9th November, 2019, from 6-10pm. The cultural event which aims to strengthen ties among students from Portuguese-speaking Countries and their peers across UM’s collegiate community, by

encompassing unique characteristics of lusophone culture through dance, gastronomy, language, and music.



“A Festa Lusofônia” featured a gala performance by students: Traditional Portuguese dance from CKP College; students from Mozambique presented an energetic mix of local dance rhythms, folk music and “sprightly, bouncy, dance repertoire; students from São Tomé e Príncipe performed the ússua and socopé rhythms of; and ‘Batuque’ a Cape Verdean tradition of celebrating life with drumming, singing and dancing. Other student groups from Brazil, Portugal, Macau, Guiné Bissau and Cabo Verde showcased their gastronomic skills and traditional costumes.

College Masters, Prof. Kit Thompson (MCMC) and Prof. Lau Yun Tung, Dean of Student Affairs Office, Paul Pang, and Professors from Department of Portuguese (FAH) José Lino Pascoal and Gabriel Antunes de Araujo were among 150 enthusiastic revellers celebrating the rich cultural diversity which is one of five significant core competencies of UM’s community and peer education model to improve students’ perception of each other by interaction ‘through and between cultures’.



https://www.youtube.com/watch?v=_qIWPHisvpE

MCM College Resin Art



The trend to use resin in art comes from the USA, Canada and Australia. With resin, one can create works of art that enchant with their irregularity, luminosity, and depth. Color pigments or other additives are added to the resin, and different effects can be created by choosing the type of coloring, additives, casting, and the way of pouring.

As with every picture, some will think about the composition of the picture beforehand, but resin art teaches one to let go of perfection and control and embrace the unexpected. The unplanned vibration or positioning may turn out to be a new pleasant creation.



Students mix colorings and additives together and pour the mixture onto the painting ground. The clear and free-flowing mixture is gradually creating depth in solid form as it dries. Students observed the layered textures and the chemical reactions. They also used sticks and brushes to “surf” on the surface to create different patterns, individualizing their own piece of art.

MCM College : Underwater and Wildlife -Through the Lens of Mike Korostelev, *Award-winning Underwater and Wildlife Photographer*



MCM College Fellow, Ms. Vivian Chaplin (ELC-FAH), exhibited the works of award-winning underwater and wildlife photographer, Mike Korostelev at the college's pavilion. The images on display at the exhibition reveal various creatures that inhabit the world's oceans, and natural habitats.

Vivian, who is an enthusiastic diver, described meeting Mike Korostelev as “*an incredible opportunity to work with some of the best in underwater photography*”.

Mike is based in Moscow, Russia, and uses photography to capture underwater beauty, as well as its inhabitants. His work captures large species of the underwater world like sharks, crocodiles, sea lions, seals, manatees (among many others).

With a voracious appetite for adventure, and a passion for nature, Mike participates in projects for the conservation and protection of the wildlife. His aim is to show ‘*an unseen side*’ of animals with a bad reputation; inculcate respect for wild animals; draw public attention to the negative human impact on wildlife; and most important of all to inform people of their responsibility for the preservation of wild animals.

Mike's work has been featured on National Geographic Wild Magazine; Daily Mail; The Telegraph; and The Guardian.



His accolades include **Asferico** (International Nature Photography Competition); **Golden Turtle** (International Nature Photography Award); **AdMe** Photo Awards; and **GDT European Wildlife** Photographer of the Year 2015.

MCM College Van Gogh Star Art Exhibition

Vincent van Gogh was a Dutch post-impressionist painter who is among the most famous and influential figures in the history of Western art. He had created about 2,100 artworks, including landscapes, still life, and portraits and are characterized by bold colours and dramatic, impulsive and expressive brushwork that contributed to the foundations of modern art.



A group of students visited the "Van Gogh Star Art Exhibition" in Zhuhai. This interactive exhibition offered them the chance to learn about the artist while literally walking through oversized, life-like reproductions of his paintings, screened in digital colour.

MCM College European Union Lecture Series – Bulgaria: A History and Future in Film

On 23 October 2019, MCM College has invited Professor Benjamin Hodges, Assistant Professor from the Department of Communication, as the guest speaker of the European Union Lecture Series on Bulgaria. With a warm welcome from MCMC College Master Professor Kevin Thompson, Professor Hodges shared with students the history and future of Bulgaria through film.



Bulgaria is one of the oldest states on the European continent. She gained its independence in the late 19th century and became a member of the European Union

in 2007. Since the beginning of the 20th century, Bulgaria started to develop her film industry. It started from doing amateur productions to win recognitions and awards in film festivals.

Using film as a tool to discover the history and cultural context of a country, one can find different perspectives of the country's value through the angles of the filmmakers. And that lead to one of the questions Professor Hodges has left the audience thinking – the righteousness of depicting history.

The next European Union Lecture Series will be held on 20 November 2019 on Hungary. We welcome all who are interested in knowing more about each country in the European Union.

MCM College Vchange & Energy Audit

The debate over climate change and environmental protection has surged in visibility over recent years, and energy conservation is an important component in creating a green world. With the aim to promote awareness on the proper use of world resources and energy-saving measures, MCM College has invited Ms Winnie Sam, Energy Section of Campus Management and Development Office, for a workshop on “Energy audit as a tool for energy conservation”.

Effective energy management can minimize energy costs, waste, and the side effects on the environment. With a detailed description on the structure and facilities of the University's Student Activity Center, we see an example of green building on campus. Both the structure of the building and the facilities have considered and applied green measures. The construction of the building has used aerated concrete walls, semi-underground space, natural ventilation system, photovoltaic power system and green rooftop, to optimize the utilization of available resources and minimize pollution.

MCM College Before Sunrise Camões

Macau, a small city with rich cultures, represents an outstanding and unique example of the long-lasting encounter between the West and China. For centuries, Macau served as the focal point for traders and missionaries, which creates the cultural sediments that defines the essence of this historic center.



Given the rich history we are living with, MCM College Before Sunrise group has designed 5 one-day-historic routes based on the College's five emblems – Guia, St. Paul's, Mandarin, Camões, Dom Pedro V, and engage residents in Macau's heritage. The series started by visiting Camões Square, which is adjacent to the Luís de Camões Garden, the Old Camões Grotto Garden House and the Old Protestant Cemetery,

MCM College: “Screaming” Halloween Night 2019

The evening of 31st October was cool, dry and unassuming. Students huddled together in spooky costumes waiting to have their faces painted before parading as gruesome ghouls and other zombie-like ‘walking dead’. Aye, playing a part during Halloween is an unforgettable part of the MCM College experience. It's the third major event for the House Association (HA). All the HA members, resident tutors, resident assistants and floor representatives beamed “everyone gets overwhelmingly excited and dresses up to have a great time”.



In today's context, Halloween conjures up activities such as ‘trick-or-treating’, carving pumpkins, and sporting costumes on October 31 of each year. In fact, rituals dated back to the times of Samhain, where ancient Celtic people lit bonfires and wore costumes to ward off ghosts and evil spirits. 1st November was declared a special day to revere all saints, officially known as All Saints Day. Eventually, kinfolk

adopted traditions of the festival of Samhain. It subsequently became known as All Hallows Eve, and finally 'Halloween' as we know it today.

MCM College Before Sunrise Mandarin



Macau, a small city with rich cultures, represents an outstanding and unique example of the long-lasting encounter between the West and China. To experience the rich culture of Macau, MCM College Before Sunrise group visited the Mandarin House. Among the existing residential complexes in Macau, the Mandarin House is the largest in scale. It not only presented characteristics of traditional Guangdong residences, but also architectural influences from western cultures, marking the cultural exchange between the East and the West. It is also in this residential complex that cultivated Zheng Guanying, Chinese philosopher and philanthropist, who wrote the "Golden Age Prophecy".

On the way to the Mandarin House, the group has also visited other important historic sites of Macau, broadening their knowledge on Macau's history.

MCM College Voices of MCMC

MCM College Voices of MCMC has come to its third year. As an instrument, the human voice produces a wide variety of expressivity. The tiny vocal muscles allow us to subtly shift the pitch or rhythm of words to convey multilevel nuances. Participants, each with their own characteristic way of expressing their message through songs, gave it their all and stunned the audience with their charisma and talents.

Audience voted for their favorite singers, and fellows and affiliates are invited as the adjudicators for this competition. Finally, the top prizes go to Jennifer Lu, Tom & Rossi, and Jet Wu. Residents came to support their friends and enjoyed themselves.



MCM College: “Faces Places” Documentary Film Review Night

Like fiction film, documentary film has a history of over one hundred years. It is popular among the film-makers worldwide and the way of story-telling has been evolving over time. As the film-making equipment is becoming more and more convenient, this is the golden age of producing creative documentary film. Social media platforms such as YouTube, have allowed documentary films to improve the ways the films are distributed and able to educate and broaden the reach of people who receive the information. How can documentary film tell stories? How close is documentary film to our lives?



To enhance students’ ability to appreciate documentary film, Moon Chun Memorial College held a documentary film review night on 11 November 2019. Before the start of film screening, the college master, Prof. Thompson greeted and expressed warm welcome to the guest speaker, Mr. Penny Lam who is a professional filmmaker in Macau. He was invited to host the film review and post-film discussion. The chosen film, “Faces Places” (French: Visages Villages) is a 2017 French documentary film directed by Agnès Varda and JR. It is a film about making people feel recognized, about making the invisible visible. The film follows director Varda and photographer/muralist JR traveling around rural France, creating portraits of the people they come across. During the post-film discussion, some participants shared their views and feelings about this film. Effy Yang shared that after watching the film,

those impressive scenes lingered in her mind and filled her heart. She felt so touched with the beauty of humanity shown in this film. Mr. Lam concluded that what makes documentary film different from fiction film is that it tells something about the reality of our world – show us the real world whereas fiction film presents a story that is not based on reality, or at least not in the form it is represented.

MCM College Social Presentation



Social etiquette involves how one behaves and dresses in the public and proper etiquette allows one to represent himself or herself in a positive way. Appropriate makeup is part of social manner and it can increase one's confidence in social and professional settings. MCM College hosted two etiquette workshops on social presentation for MCM College students, and invited Ms. Wini Cheong, professional instructor of makeup courses in various institutes, to teach and share with participants the techniques on daily skincare, makeup, and hairstyling. Both boys and girls who attended the class have benefited from Ms. Cheong's sharing on how to look smart.

Town & Gown Connectivity

MCM College: 24th Macao International Trade and Investment Fair (MIF): Portuguese Speaking Countries Products and Services Exhibition

MCM College Students and Staff attended the 24th Macao International Trade and Investment Fair at the Venetian, Macao. The event is organised by the Macao Trade and Investment Promotion Institute (IPIM), and co-organised by fifteen economic and trade departments and business associations in Hong Kong, Macao and Mainland China.



The event aims to promote cooperation, and to create business opportunities through exhibitions, forums and business matching activities (including special exhibitions on products and services, SME service areas) in China, Portugal and other Lusophone countries. The position of Macao as World Tourism and Leisure Center, enjoys clear advantages of the National Business Cooperation Service Platform, and business opportunities and vitality of a more diversified economic development of the Greater bay Area.

The College places a high priority with ‘town and gown’ connectivity with local and international business communities. MCM students: Mindo, Eleanor and Shaw engaged in high quality business discussions with members of local and international business communities.

MCM College: Macao Vienna Philharmonic Orchestra

The Vienna Philharmonic Orchestra two-night residency in Macao came as part of the 33rd Macao International Music Festival, organized by the Cultural Affairs Bureau, held from 4th to 30th October 2019. This year’s Macao International Music Festival offers 17 programmes that share to public the beauty and grandeur of music.

The Vienna Philharmonic performances: Rachmaninoff’s Piano Concerto No. 3 with soloist Yuja Wang and Dvořák’s Symphony No. 9 “From the New World”, captivated the audience with artistic brilliance and sophistication. Attending a performance by one of the world’s finest orchestras and rising star, students have expressed gratitude and joy of hearing these masters.



"I am very fortunate to have the opportunity to enjoy the performance of the Vienna Philharmonic. Rachmanioff's Piano Concerto No. 3 in D Minor Op.30 not only is one of his most prestigious works, but also recognized as a technically very difficult work of all piano concertos throughout the ages. Pianist Wang Yujia showed amazing piano skills and successfully performed this piece. I like the second movement of "From the New World" most. In this part, I resonate the infinite nostalgia." – Cynthia Zhao

"This concert definitely is the most wonderful one that I have ever seen. It's from the most prestige philharmonic in the world plus the outstanding young pianist that I admired. I cannot find a word to describe how exited I was to have such opportunity to enjoy the music from Vienna philharmonic and Wang Yujia. The first half, Rachmaninov's Piano Concerto No.3, I could not move my eyes from this passionate and energetic pianist even for a second. Throughout the whole concerto, I was not only impressed by her extraordinary skills but also her state of devoting her whole self into the music. For Dvorak Symphony No.9, that was also a breathtaking performance. Being able to experience how beautiful music was be created by this wonderful orchestra, how the conductor conveyed idea to the players and how different instruments respond to each other perfectly, it was an awesome night!" – Milly Ke

MCM College 'Town & Gown': MECC 6th Anniversary Cocktail

On Monday evening, 2nd December, 2019, MCM College Master, Prof. Kit Thompson, and students attended the 6th Anniversary Cocktail of the Macau European Chamber of Commerce (MECC) at MGM, Macao. Distinguished guests included Head of Office of the European Union Office to Hong Kong and Macao, Ambassador Carmen Cano, Dr. Ambrose So, and Consul General of Portugal in Macau and Hong Kong, Ambassador Paulo Alves.



It was a most valuable opportunity for students to get 'first-hand' experience to expand their network and make new connections with professionals from diverse businesses and industries.

MCM College Handover Gifts Museum of Macao



To celebrate the 70th anniversary of the establishment of People's Republic of China and the 20th anniversary of the establishment of the Macao SAR, MCM College took a group of students and visited the Handover Gifts Museum of Macao. The Handover Gifts Museum of Macao is a museum to commemorate the Handover Ceremony of the Sino-Portuguese Governments on 20th December, 1999. It is built on the site of the ceremony and is now displaying the auspicious gifts sent to Macau by provinces and cites all over China.

To celebrate this transfer of sovereignty over Macao, 33 gifts, each with the nation's unique artistic regional styles, were given to the Macao SAR, along with their blessings to Macao's prosperity. Students are so involved and engaged with the historical and artistic values of each of the gifts and have learned so much under the professional guide offered by the Museum. It is a tour that allows one to experience and appreciate all the artisanship and cultural heritage of China in one confined area, and also celebrates the handover of Macao SAR.

MCM College Macao Museum

To celebrate the 70th anniversary of the establishment of People's Republic of China and the 20th anniversary of the establishment of the Macao SAR, MCM College took a group of students and visited the Macau Museum to learn about the history of Macao and the special exhibition on the Cultural Relics of the Western Xia Dynasty.

Under the professional guidance from the staff, students are shown a fine selection of archaeological finds that offered a comprehensive yet sophisticated interpretation of the history and culture of Macau and the Western Xia civilization.

Students said that this visit allows them to have a deeper understanding of the historical background of where they are studying and of "The Belt and Road Initiative", which gives them the chance to explore its significance in the modern and contemporary development.



MCM College Macao International Parade 2019

Themed around the cultures of countries and regions along the Belt and Road, this year's edition of the Macao International Parade invited performing groups overseas as well as local artists to sing and dance in their distinctive costumes and styles along streets of rich cultural interest bustling with animation. Highlighting the unique landscape of the Historic Centre of Macao and engaging residents and tourists in the festive atmosphere, the groups will spread the concept of "Love, Peace and Cultural Integration", turning the Parade into one of the largest events celebrating the Macao Handover to China.



Moon Chun Memorial College, through the fusion of drama and dance, will be presenting Thailand historic poems "Ramakien" on 8 December 2019, alongside with the unique charm of their customs and traditional literary arts. With the Thai culture as a representative, MCM College wishes to bring a wider prospect on the culture of Southern Asia to Macau people and to broaden students' horizon on a global level. It is also one of the motto of MCM College to promote inclusivity and diversity to students, and help them achieve an open mindset for cultural exchange. Enhancing the understanding and knowledge on different ethnic groups in Macau will help build a multicultural society with mutual respect and harmony.

High Table

MCM College Commencement 2019 High Table With The Choir of Clare College, University of Cambridge

It is Michaelmas Term, and the fourth Tuesday evening of September 2019, when MCM College Master, Professor Kit Thompson and Dr. Patricia Thompson, Supernumerary Fellow, received distinguished guests, fellows and freshmen to a magnificent: Commencement High Table with the Choir of Clare College, University of Cambridge, a black-tie event where members of College and guests donned academic robes and

undergrads wore Sub Fusc or evening dress. College Hall had a most charming setting and atmosphere - one that was conducive to concentration and ideal for the exchange of views and insights as well as suave musical performances.



The college was delighted to host a three-day residency for Clare College Choir University of Cambridge, during its 2019 tour of the Far East. The Choir began Tuesday morning with an Open Rehearsal in College Hall, (attended by UM students, faculty, friends and supporters of the College) and now as special guests for a Sung High Table.

The Choir of Clare College has gained an international reputation as one of UK's leading collegiate choirs, directed by Graham Ross, which keeps an active schedule recording, broadcasting, and performing throughout the United Kingdom and the world, including in the United States of America, Japan, China, Russia, the Middle East and throughout Europe. In 2000, it became the first Oxbridge mixed-voice choir to perform at BBC Proms, singing Bach's St John Passion.

The residency enables a choral master class, and opportunity to come to know top undergrads, Cambridge dons, researchers and innovative artists.

Distinguished guests at High Table included:

- *Ambassador Paulo Cunha Alves, Consul General, Portugal Consulate General Hong Kong and Macao*
- *Mrs Frances Moffett-Kouadio, Director of Trade & Investment, British Consulate General Hong Kong and Macao*
- *Mr Graham Ross, Director of Music and Fellow of Clare College, Cambridge*
- *Captain Simon Carrington, A320 Captain, Senior Safety Officer, Air Macau*
- *Mr Nicholas Duell, Public Health Policy Advisor*
- *Prof Rui Paulo da Silva Martins, Vice Rector (Global Affairs), University of Macau*
- *Dr Rui Cunha, President & Founder, Fundação Rui Cunha*
- *Ms Cristina Quental, Vice-President, Integrated Marketing & Communications, Sands China*
- *Prof Desmond Lam, Professor of Faculty of Business Administration, University of Macau*
- *Dr Wico Lai, Consultant Ophthalmologist and Partner, Macau Brightcare Medical Centre*
- *Dr Manuel Noronha, Associate Master, Colégio Memorial Moon Chun*
- *Dr Patricia Thompson, Supernumerary Fellow, Colégio Memorial Moon Chun*
- *The Master, Professor Kevin (Kit) Thompson, President of the Macau European Chambers of Commerce*

Musical performances included Clare Choir: “Nobody Does It Better” (Marvin Hamlisch & Carole Bayer Sager Arr Jim Clements); “A Clare Benediction” (John Rutter); and “Oculi Omnium” (Charles Wood).

Piano performance by Dr. Peggy Lau: “Farewell to Stromness” (Peter Maxwell Davies)

There was a special presentation of certificates to scholarship recipients and Rector’s Honour List of the college.

This commencement High Table was truly a memorable event for everyone and through collaboration with Clare College, it is hoped that all our undergrads begin to discover the future, and to create tomorrow’s world.

MCMC: Common Table with Fellows & Affiliates

Common Table resonates with 12th Century Oxford traditions of scholars gathering with Master and Fellows to develop knowledge and wisdom. Nourishment of mind, body and spirit characterises collegiate life, practised in collegiate universities, ancient and modern to this day.



Traditional simplicity is cherished, so rather than serving at table, diners serve themselves. The medieval concept of a simple meal taken together encourages lively, animated discourse. There was a delicious array of hot and cold dishes, alongside seasonal, healthy salads and fruit.

Students were able to converse at length with faculty, gaining ideas and advice for present study and future careers, over healthy and nutritious food.

Food for the soul was provided by students, Basaza Zhang (Xiao), Shaw Zhong (Piano), Shirley Ni (Erhu), Cicy Yu (Piano) performing songs "綠野仙踪" and "風居住的街道".

There was also a presentation of College Blues, and an Art Exhibition of Wonder Loli II by College Fellow, Fanny Wong (FED)

ENGLISH LANGUAGE ENHANCEMENT

MCM College: Translation as Kaleidoscope

MCM College held a special workshop for all aspiring students interested in creative writing and poetry in Fellows' Salon, featuring poets: Ravi Shankar and Eleanor Goodman, who are here in Macau for the annual Asia Pacific Writers & Translators Conference, 2019.



Shanker is a poet, translator and professor of poetry, based in Connecticut, USA. He is the founding editor and executive director of *Drunken Boat* (which he himself describes as "one of the world's oldest electronic journals of the arts"). He has penned and edited ten books and chapbooks of poetry, including *What Else Could it Be* (2015); *Deepening Groove* (2010), winner of the National Poetry Review Prize; *Instrumentality* (2004), a finalist for the Connecticut Book Award; and *Autobiography of a Goddess* (2015), a collection of translations from the Tamil with Priya Sarukkai Chabria. His editorial projects include *W. W. Norton's Language for a New Century: Contemporary Poetry from Asia, the Middle East & Beyond*, co-edited with Tina Chang and Nathalie Handal. He was awarded the Pushcart Prize, as well as multiple fellowships, and performs widely.

Goodman is a writer and translator, and a Research Associate at Fairbank Center, Harvard University. She spent a year in Beijing on a Fulbright Fellowship. Her book of translations, "Something Crosses My Mind" (by Wang Xiaoni) was awarded the 2013 PEN/Heim Translation Grant. Goodman is 'artist in residence' at the American Academy in Rome, and recipient of 'Henry Luce Translation Fellowship' from the Vermont Studio Center, and winner of the International Merit Award in Poetry from the *Atlanta Review*.

MCMC: “How Can I Help My Brain Study for Final Exams?” A Workshop by Prof. Curtis Kelly.

On Monday, 2nd December, 2019, MCM College was delighted to receive Curtis Kelly (EdD), who is Professor of English at Kansai University in Japan. Kelly’s research area is focused on developing learner-centered methods and materials for English learners, especially those with low confidence, low ability and low motivation.

In the workshop, Professor Kelly explained to students that stories can work like magic, and as much as our brains love them, we are also able to process the information they offer with less effort and retain it longer.



Prof. Kelly began his workshop with a video where Google© advertised their search engine, without any explanation, just a story, and yet it displayed everything about the functions of search engine. He explained that students did not understand the cognitive load and language processing part, although they were able to piece together more of the story from the emotional side - the narrative. Kelly explains that advertisers do this because our brains release neurotransmitters, especially dopamine. Therefore, by showing images of giggling babies with romantic couples, and mouthwatering exotic foods, dopamine is released as the neurotransmitter of reward, which helps us learn their product.

The workshop also offered several important insights to how the brain can work better and increase learning retention through increased sleep duration, physical movement to allow more blood to flow to the brain and maximise cognitive power, and using emotions to steer us through learning.

MCMC: “Improving Your Presentations” A Workshop by Prof. Max Watson.

On Wednesday, 4th December, 2019, MCM College was delighted to receive Max Watson, Assistant Professor at the Hankuk University of Foreign Studies in Seoul, South Korea, who is a close connection of MCM College Affiliate, Michael Lichenstein (FAH-ELC).

In the workshop, Professor Watson advised students to begin their presentations in a relaxed and composed state. This can be achieved by following the ‘box breathing’

exercise, (one that Prof. Watson highly recommends), followed by a power projection in which students ‘hook’ the attention of the audience with a captivating story. Max explains that presentations should begin with “something that makes an emotional connection with the audience”. It can be a story, a question, or possibly a shocking static.



Max stresses the importance to engage the audience rather than ‘overfeed’ them with information. Ask questions to keep the audience engaged, and allow short pauses for the audience time to understand and ‘digest’ what has been presented thus far. It is also important for students to practise on skills such as pitch control, stress, tone and volume, which is a reflection of self-confidence and control.

Finally, when closing a presentation, students were advised to give their audience something that will clearly remain in their minds: either by reiterating their opening, or end with a clever slogan or a call to action – that is part of a rapport-building process.

SPORTS NEWS

MCM College Sports Competition 2019

Recently, the House Association of Moon Chun Memorial College has organised an inter-house Sports Competition at UM’s campus with the full support of house leaders. The competition lasted for two weeks, it aimed to promote an athletic culture in the college and to strengthen the interaction among the houses. The competition consisted of five main categories: table tennis, badminton, basketball, relay race and e-sports. Participants showed great sports spirit and did their best to represent their respective houses. At the awarding ceremony, the Associate Master,

resident fellows and executive committee of House Association were all invited to present the trophies to the winners and took a group photo with all participants.



MCM College Game of Throws

Dodgeball has been a regular part of physical education classes in schools in the United States; it advocates teamwork and agility. It requires players' extreme attention and observation on the court that enhances one's leadership skills and teamwork.

MCM College organized “Game of Throws” dodgeball competition to reinforce the bonds between residents through physical exercises, and over 40 residents participated in this tournament. They discussed among their teams and come up with different strategies, utilizing strengths of different individuals to maximize their team’s abilities.



MCM College Rock Climbing

Rock climbing in its earliest form was done out of necessity, not as sport. It is similar to mountaineering but focus more on the climb itself than reaching the summit. Since its growing popularity in the late 19th century, rock climbing has evolved from ancient practice to Olympic sport. With new walls and equipment being constructed

to continually improve indoor climbing experience, rock climbing became increasingly safer and popular.



With the professional equipment and guidance provided by the University of Macau and the University's Rock Climbing Club, MCM College students experienced the fun of rock climbing. Although a lot of them said it is more tiring than they imagine, they try repeatedly with a clear goal in mind and reach higher each time.

MCM College IncrediBOWL

A British anthropologist, Sir Flinders Petrie, discovered in the 1930's a collection of objects that appeared to him to be used for a crude form of bowling in the tomb of an Egyptian child buried in about 3200 BC. German historian asserts that the modern sport of bowling at pins originated in ancient Germany, dating back in 300 CE, not as a sport but as a religious ceremony. It is not until the 19th century that bowling at pins flourishes and gained its popularity in the 20th century.



MCM College Resident Assistant, who is also the instructor for the event, first explained to students about the rules and regulations of bowling, and then teach them the ways of choosing the right bowling ball according to their weight and physical uniqueness. After choosing the right equipment, he then demonstrated to participants the posture of rolling the ball and the meaning of strike, spare, and split. As a competitor in bowling competitions, MCM College Resistant Assistant stressed the importance of respectful behavior and sportsmanship during the game. Many of the participants are new to bowling and have expressed the eagerness to improve next time and said the event is incredible.

MCM College: Promoting Social Inclusion Through Sports



To promote social inclusion through shared sports training and competition experiences, MCM College adopted the Unified Sports approach in the community peer education this academic year. In early September, Macau Special Olympics representatives were invited to the college to provide six sessions of “Unified Sports Partner Program” introductory and experiential workshops for the students. Interested students were encouraged to join this program voluntarily from mid-September to the end of November. Until now, over 60 students have joined this program which included a variety of sport items, e.g. badminton, bocce, bowling, golf, and ice-skating.



Team sports bring people together. Special Olympics Unified Sports teams do that, too and much more. This program empowers individuals with and without intellectual disabilities to engage through the power of sports. It brings together athletes with intellectual disabilities and athletes without intellectual disabilities to train and compete on the same team. Volunteers can improve their physical fitness, sharpen their skills, and learn acceptance and inclusion while participating in Unified Sports. The primary goal of Unified Sports is to equalize the ability level of Special Olympics athletes with their partners and break down stereotypes about people with intellectual disabilities.



滿珍紀念書院
Moon Chun Memorial College